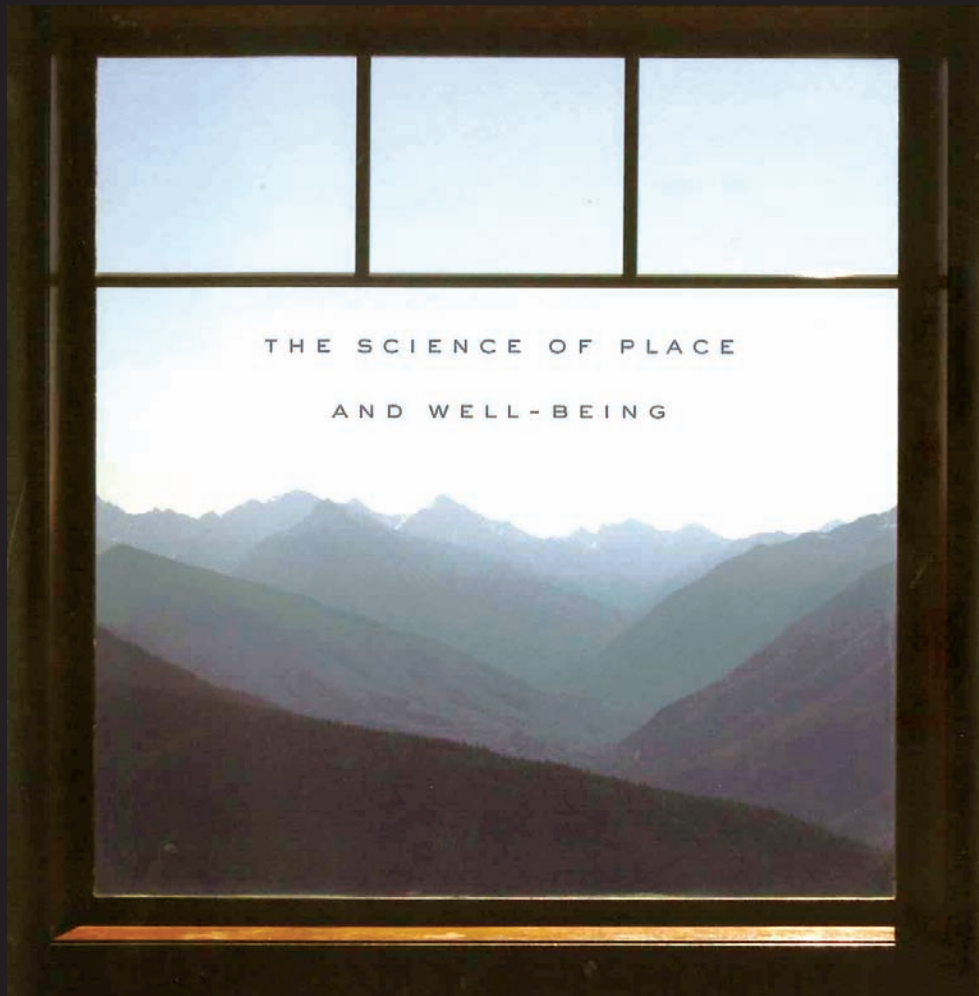


Does the world make you sick? Dr. Esther M. Sternberg, M.D., National Institutes of Health, will explore how our surroundings—a theme park, concert hall, cathedral, labyrinth or garden—can trigger or reduce stress, induce anxiety or instill peace.

h e a l i n g s p a c e s



ESTHER M. STERNBERG, M.D.
National Institutes of Health

Sunday, November 8, 2:00 pm
Trinity Church, Copley Square

\$10 Trinity Church/Arboretum members; \$15 non members. Book signing to follow.

Tickets available at The Shop at Trinity, 617-536-0944, or http://arboretum.harvard.edu/adult_ed/reg_courses.php.
Co-sponsored by Trinity Church in the City of Boston and the Arnold Arboretum of Harvard University.